

Garrett B. Nguyen, DPM, AACFAS

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EDUCATION AND POSTDOCTORAL TRAINING

Paley Orthopedic and Spine Institute 07/2023 – Present	<ul style="list-style-type: none">Reconstructive Foot and Ankle Surgeon	West Palm Beach, FL
Paley Orthopedic and Spine Institute 08/2022 – 07/2023	<ul style="list-style-type: none">Fellow, Foot and Ankle Deformity Correction Fellowship	West Palm Beach, FL
AdventHealth East Orlando 2019 – 2022	<ul style="list-style-type: none">Chief Resident, Podiatric Medicine and Surgery Residency with Reconstructive Rearfoot/Ankle Surgery (1603 cases, 2740 procedures)	Orlando, FL
Midwestern University 2015 – 2019	<ul style="list-style-type: none">Doctor of Podiatric Medicine	Glendale, AZ
Florida State University 2009 – 2013	<ul style="list-style-type: none">Bachelor of Science in Biological Sciences, Minor in Chemistry	Tallahassee, FL
University of Central Florida 2007 – 2008	<ul style="list-style-type: none">Major in Microbiology and Molecular Biology	Orlando, FL

PUBLICATIONS, POSTERS, AND PRESENTATIONS

Accepted, pending revision Pending publication	<ul style="list-style-type: none">Sebag JA, Reeves CL, Shane AM, Nguyen GB “Leiomyosarcoma: A Case Report of a Rare Pedal Soft Tissue Mass Malignancy” JFAS-20-134	
In Progress Pending publication	<ul style="list-style-type: none">Lamm BM, Nguyen GB et al. “Functional and Radiographic Outcomes Utilizing a Minimally Invasive Intramedullary Technique for the Treatment of Hallux Abductovalgus”	
In Progress Pending publication	<ul style="list-style-type: none">Danne EW, Lamm BM, Nguyen GB et al. “Lateral Distal Tibial Angle: Comparing Erect Leg and Anterior-Posterior Ankle Radiographs for the use in Lower-Limb Deformity Correction”	
In Progress Pending publication	<ul style="list-style-type: none">Reeves CL, Shane AM, Nguyen GB et al. “Reduction of Calcaneal Fractures with External Fixator Assistance Compared to Sinus Tarsi and Lateral Extensile Incisions: A Retrospective Study” IRBNet #1607951-2	
In Progress Pending publication	<ul style="list-style-type: none">Reeves CL, Nguyen GB et al. “Capture Rate of the Proximal and Distal Aspects of the Achilles Tendon When Performing an Achilles Tendon Repair Utilizing a Percutaneous Approach: A Cadaveric Study”	
Clinic in Podiatric Medicine and Surgery 04/2023	<ul style="list-style-type: none">Shane AM, Reeves CL, Nguyen GB, et al. “Soft Tissue Pathology.” <i>Clinics in Podiatric Medicine and Surgery – Arthroscopy of the Foot and Ankle</i>, vol. 40, no. 3, 28 Apr. 2023, pp. 381-395, https://doi.org/10.1016/j.cpm.2023.02.003	
2023 ACFAS Scientific Conference – Manuscript Presentation 02/2023	<ul style="list-style-type: none">Nguyen GB. “Functional and Radiographic Outcomes Utilizing a Minimally Invasive Intramedullary Technique for the Treatment of Hallux Abductovalgus”	Los Angeles, CA
2023 ACFAS Scientific Conference – Manuscript Presentation 02/2023	<ul style="list-style-type: none">Nguyen GB. “Lateral Distal Tibial Angle: Comparing Erect Leg and Anterior-Posterior Ankle Radiographs for the use in Lower-Limb Deformity Correction”	Los Angeles, CA

<p>FPMA Science and Management Symposium – Podium Presentation 02/2022</p>	<ul style="list-style-type: none"> • <u>Nguyen GB</u>. “Management and Reconstruction of Complex Post-Traumatic Segmental Bone Defects Utilizing Distraction Osteogenesis” 	<p>Orlando, FL</p>
<p>FPMA Science and Management Symposium - Poster Exhibit 02/2023 (3rd Place)</p>	<ul style="list-style-type: none"> • Calaj PM, Ivey J, <u>Nguyen GB</u>, Childs DM, Reeves CL, Shane AM. “Ankle Osteochondroma. A Case Report” 	<p>Orlando, FL</p>
<p>FPMA Science and Management Symposium - Poster Exhibit 02/2023</p>	<ul style="list-style-type: none"> • Calaj PM, Hammock K, <u>Nguyen GB</u>, Conte JA, Reeves CL, Shane AM. “Delayed Primary Closure of Compartment Syndrome with Continous External Tissue Expander. A Case Report” 	<p>Orlando, FL</p>
<p>2022 ACFAS Scientific Conference – Poster Exhibit 02/2022</p>	<ul style="list-style-type: none"> • <u>Nguyen GB</u>, Calaj PM, Pereira RJ. “Tibiocalcaneal Arthrodesis Utilizing a Vascularized Fibular Graft for Complex Limb Deformity Correction: A Comprehensive Orthoplastic Approach” 	<p>Austin, TX</p>
<p>2022 ACFAS Scientific Conference – Poster Exhibit 02/2022</p>	<ul style="list-style-type: none"> • <u>Nguyen GB</u>, Calaj PM, Cavins ZA. “Tibiocalcaneal Distraction Arthrodesis Utilizing Patient Specific 3-Dimensional Printed Titanium Spherical Implant with Talonavicular Joint Articulation for Complex Talar Avascular Necrosis” 	<p>Austin, TX</p>
<p>FPMA Science and Management Symposium – Poster Exhibit (2nd place) 01/2022</p>	<ul style="list-style-type: none"> • Reeves CL, <u>Nguyen GB</u> et al. “Capture Rate of the Proximal and Distal Aspects of the Achilles Tendon When Performing an Achilles Tendon Repair Utilizing a Percutaneous Approach: A Cadaveric Study” 	<p>Orlando, FL</p>
<p>FPMA Science and Management Symposium – Resident Case Presentation Competition 01/2022</p>	<ul style="list-style-type: none"> • <u>Nguyen GB</u>. “Total Hindfoot Reconstruction Utilizing Patient Specific Instrumentation and 3-dimensional Printed Titanium Implant with Intramedullary Tibial Component for Salvage of Failed Tibiotalocalcaneal Arthrodesis” 	<p>Orlando, FL</p>
<p>Foot & Ankle Surgery: Techniques, Reports, & Cases 04/2021</p>	<ul style="list-style-type: none"> • Togher CJ, <u>Nguyen GB</u>, Pascarella E. “Surgical Treatment of a Navicular Osteochondral Lesion using Microionized Cartilage Matrix: A Case report.” <i>Foot and Ankle Surgery: Techniques, Reports, and Cases</i>, vol. 1, 2021, p. 100006, https://doi.org/10.1016/j.fastrc.2021.100006 	
<p>2021 ACFAS Scientific Conference – Poster Exhibit 05/2021</p>	<ul style="list-style-type: none"> • <u>Nguyen GB</u>, Pereira RF. “Targeted Sensory Re-innervation of a Reverse Sural Artery Fasciocutaneous Flap: A Comprehensive Orthoplastic Approach” 	<p>Las Vegas, NV</p>
<p>2021 ACFAS Scientific Conference – Poster Exhibit 05/2021</p>	<ul style="list-style-type: none"> • <u>Nguyen GB</u>, Reeves CL, Shane AM, et al. “Reduction of Calcaneal Fractures with External Fixator Assistance Compared to Sinus Tarsi and Lateral Extensile Incisions: A Retrospective Study” 	<p>Las Vegas, NV</p>
<p>2021 ACFAS Scientific Conference – Poster Exhibit 05/2021</p>	<ul style="list-style-type: none"> • Togher CJ, <u>Nguyen GB</u>, Pascarella E. “Surgical Treatment of a Navicular Osteochondral Lesion using Microionized Cartilage Matrix: A Case report” 	<p>Las Vegas, NV</p>
<p>FPMA Science and Management Symposium - Poster Exhibit (1st place) 01/2021</p>	<ul style="list-style-type: none"> • Togher CJ, Reeves CL, Shane AM, <u>Nguyen GB</u> et al. “Incidence of Talar Osteochondral Lesions after Ankle Fractures: A Retrospective Analysis” 	<p>Orlando, FL</p>
<p>FPMA Science and Management Symposium – Resident Case Presentation Competition 01/2021</p>	<ul style="list-style-type: none"> • <u>Nguyen GB</u>. “Distraction Osteogenesis Utilizing a Double Tibial Corticotomy Approach” 	<p>Orlando, FL</p>
<p>Clinic in Podiatric Medicine and Surgery 05/2020</p>	<ul style="list-style-type: none"> • Shane AM, Reeves CL, <u>Nguyen GB</u>, et al. “Revision Surgery for the Achilles Tendon.” <i>Clinics in Podiatric Medicine and Surgery</i>, vol. 37, no. 3, 12 May 2020, pp. 553-568, https://doi.org/10.1016/j.cpm.2020.03.005. 	
<p>Hallux Magazine 04/2020</p>	<ul style="list-style-type: none"> • <u>Nguyen GB</u>. “The Residents” 	

<p>Desert Foot Conference 12/02/2017</p>	<ul style="list-style-type: none"> ● <u>Nguyen GB</u>, Cady J, Poulson H, Ellis MB. “Cutaneous manifestation of invasive aspergillosis in the course of limb salvage” 	<p>Phoenix, AZ</p>
<p>Phoenix VA Hospital 01/2018</p>	<ul style="list-style-type: none"> ● Jaminelli BL, <u>Nguyen GB</u>, Frykberg RG. “Minimally invasive distal lesser metatarsal metaphyseal osteotomy for the treatment of recalcitrant plantar ulcerations in diabetic, neuropathic patients” 	<p>Phoenix, AZ</p>
<p>Irvan O. Kanat, D.P.M. Diabetic Foot Care Research Scholarship 01/25/2018</p>	<ul style="list-style-type: none"> ● Frykberg RG, Jensen J, <u>Nguyen GB</u>. “Clinical practice guidelines and protocols for the treatment of diabetic charcot neuropathic osteoarthropathy: a comprehensive systematic anatomic approach” 	<p>Glendale, AZ</p>
<p>Earl G Kaplan, D.P.M. Surgical Research Scholarship 01/25/2018</p>	<ul style="list-style-type: none"> ● <u>Nguyen GB</u>, Lerch RJ, Smith SL, Banzon RR. “Titanium induced foreign body giant cell reaction following a pantalar arthrodesis and lateral calcaneal slide osteotomy” 	<p>Glendale, AZ</p>
<p>William F. Todd, D.P.M. Biomechanics / Sports Medicine Research Scholarship 01/25/2018</p>	<ul style="list-style-type: none"> ● Alvarez M, Greenblatt M, Jiroux C, Melara S, <u>Nguyen GB</u>. “The efficacy of dextrose prolotherapy injections for the treatment of chronic recalcitrant plantar fasciitis: a randomized, placebo-controlled, double-blind clinical trial” 	<p>Glendale, AZ</p>

LEADERSHIP

<p>American College of Foot and Ankle Surgeons 2022 – Present</p>	<ul style="list-style-type: none"> ● Scientific Literature Review Committee - Editor 	
<p>Foot & Ankle Surgery: Techniques, Reports, & Cases 2022 – Present</p>	<ul style="list-style-type: none"> ● Peer Reviewer 	
<p>AdventHealth East Orlando - Podiatric Medicine and Surgery Residency 2020 – 2022</p>	<ul style="list-style-type: none"> ● Resident Research Chair ● Organized, conducted, and executed research proposals and projects to become published and/or presented in various conferences/journals 	<p>Orlando, FL</p>
<p>American College of Foot & Ankle Orthopedics & Medicine 2016 – 2017</p>	<ul style="list-style-type: none"> ● President ● Created teaching workshops for our members which included: tapping and padding, ultrasound guided injections, local anesthetic injections, and other skills used in sports medicine 	<p>Glendale, AZ</p>
<p>American College of Foot & Ankle Surgeons 2016 – 2017</p>	<ul style="list-style-type: none"> ● Vice President ● Co-delegated executive tasks, organized workshops, and spear headed our research team for the 2017 ACFAS Scientific Conference 	<p>Glendale, AZ</p>
<p>Introduction to Podiatric Surgery Course 2016 – 2017</p>	<ul style="list-style-type: none"> ● Teaching Assistant ● Assisted the professor in teaching students surgical techniques, hand ties, and suturing 	<p>Glendale, AZ</p>
<p>Lodestar Day Resource Center 2016 – 2017</p>	<ul style="list-style-type: none"> ● Clinic Coordinator ● Organized and operated our homeless student clinic by scheduling students each quarter 	<p>Phoenix, AZ</p>
<p>Justa Center 2016 – 2017</p>	<ul style="list-style-type: none"> ● Clinic Coordinator ● Organized and operated our homeless student clinic by scheduling students each quarter 	<p>Phoenix, AZ</p>
<p>Arizona School of Podiatric Medicine 2015 – 2016</p>	<ul style="list-style-type: none"> ● Ambassador for Interviews ● Guided interviewing students through the process by touring them around Midwestern University and answered their questions and concerns 	<p>Glendale, AZ</p>

Aspiring Medical Professionals
2010 – 2012

- **President / Co-Founder**
- Created an avenue for academic, professional, and social activities to the students taking Pre-Medical Professional coursework at The Florida State University

Tallahassee, FL

Notes for Haiti
2010 – 2011

- **Inaugural Co-Director of Fundraising / Campaign Committee**
- Helped spearhead the fundraising and campaign division that acted as an umbrella program to unify all current and future Florida State University agencies, RSOs, and organizations that have endeavors to raise money, awareness, and supplies to the devastated country of Haiti

Tallahassee, FL

CONFERENCES AND ADDITIONAL TRAINING

- Paragon28 – Total Ankle Clinical Concepts Course
(Englewood, CO – June 2023)
- Arthrex – Foot & Ankle Surgeons Fellowship Forum
(Naples, FL – April 2023)
- Arthrex – Minimally Invasive Surgery Course
(Naples, FL – April 2023)
- Lower Extremity IEP – Residents, Fellows, Young Surgeons’ Course
(Atlanta, GA – April 2023)
- IBRA – Management of Severe Trauma and Deformities in Foot and Ankle Surgery
(Miami, FL – March 2023)
- Extremity Medical – Charcot Foot Reconstruction: Beaming and Plating Techniques
(Miami, FL – October 2022)
- J&J – Foot & Ankle Masters Course – Crossroads Extremity First Ray Experience
(Dallas, TX – October 2022)
- Paragon28 – Podiatric Foot and Ankle Fellows Course
(Englewood, CO – September 2022)
- IBRA – Advanced/Fellow Course: Management of Arthritis, Trauma, and Deformity in Foot & Ankle Surgery
(Boston, MA – June 2022)
- DJO – Foot & Ankle Pre-Fellows Course
(Dallas, TX – June 2022)
- Orthofix – Podiatric Resident Course
(Fort Worth, TX – May 2022)
- Stryker – Podiatric Resident Course
(New Orleans, LA – April 2022)
- Vilex – Flaps and External Fixation Course
(Salt Lake City, UT – April 2022)
- Arthrex – Lower Extremity Workshop
(Naples, FL – April 2022)
- Lower Extremity IEP – Residents, Fellows, Young Surgeons’ Course
(Tampa, FL – April 2022)
- Vilex – Hintermann Total Ankle Replacement
(Salt Lake City, UT – March 2022)
- Stryker – New Innovations in Total Ankle Replacement Surgery Workshop
(Austin, TX – February 2022)
- Paragon 28 – FNA Solutions Course
(Miami, FL – January 2022)
- Treace Medical – Lapiplasty Master’s Symposium
(Orlando, FL – January 2022)
- Zimmer Biomet – Lower Extremity Cadaveric Lab
(Orlando, FL - October 2021)
- S.E.A.L – External Fixation Course
(Miami, FL - July 2021)
- ACFAS Foot and Ankle Arthroscopy Surgical Skills Course
(Rosemont, IL - April 2021)
- Chicago Lower Extremity Surgical Symposium
(Virtual - April 2021)
- ConMed – Arthroscopic and Lower Extremity Course
(Largo, FL - March 2021)
- CrossRoads – Minimally Invasive Bunion & Dynabunion 4D Lapidus Certification
(Orlando, FL – March 2021)
- Paragon 28 – Ankle and TTC Arthrodesis Course
(Virtual – March 2021)
- Paragon 28– Podiatric FOCUS Surgical Course
(Virtual – February 2021)
- Orthofix – Fundamentals of Foot and Ankle Reconstruction
(Virtual – February 2021)
- Treace Medical – Lapiplasty Master’s Symposium
(Orlando, FL – January 2021)
- Palm Beach County Podiatric Medical Association – Toes in the Sand Conference
(Boca Raton, FL – 2022)
- Florida Podiatric Medical Association – Summer Conference
(Orlando, FL – 2023, 2022, 2021, 2020)
- Florida Podiatric Medical Association’s Science & Management Symposium
(Bonita Springs, FL – 2023)
- American College of Foot and Ankle Surgeons Annual Scientific Conference
(2023, 2022, 2021, 2019, 2018, 2017)
- Desert Foot Conference
(Phoenix, AZ - 2018, 2017)

AWARDS AND HONORS

- 2023 FPMA Science and Management Symposium Poster Exhibit Competition (3rd Place)
- 2022 FPMA Science and Management Symposium Poster Exhibit Competition (2nd Place)
- 2021 FPMA Science and Management Symposium Poster Exhibit Competition (1st Place)
- 2019 Ken Suarez, PhD Award for Research Excellence Recipient
- 2018 Seward P. Nyman, DPM, Memorial Scholarship Recipient
- 2017 ACFAS Student Division Scholarship Recipient
- 2017 ACFAS Scientific Conference Student Exhibit Competition (2nd place)
- Top 5 in the Annual AZPOD “Suture-Off” Championship
- Pi Delta National Honor Society Candidate
- 2016 College of Health Sciences Winter Travel Scholarship Recipient
- Florida Bright Futures Academic Scholarship Recipient
- National Science and Mathematics Access to Retain Talent Scholarship Recipient
- National Society of Collegiate Scholars

- Golden Key International Honor Society

BOARD EXAMS

- APMLE Part 1 – 07/11/2017 (PASS)
- APMLE CSPE – 11/03/2018 (PASS)
- APMLE Part 2 – 12/10/2018 (PASS)
- APMLE Part 3 – 06/02/2022 (PASS)
- American Board of Foot and Ankle Surgery – Foot Surgery (Board Qualified)
- American Board of Foot and Ankle Surgery – Reconstructive Rearfoot and Ankle Surgery (Board Qualified)

MEDICAL LICENSURE

- Florida – License Number PO4310
(02/22/2022 – 03/31/2024)

CERTIFICATION

- Advanced Cardiac Life Support
- Basic Life Support Provider
- OHSA
- HIPPA

HOBBIES, INTERESTS, AND ACTIVITIES

- Weightlifting / Exercise Science / Nutrition
- Hiking / Backpacking / Camping
- Fishing
- Golfing

REFERENCES

- Available Upon Request